

THE LUMEN CENTER PRESENTS

Centering Prayer and LECTIO DIVINA

*Tuesdays: January 8 & 22, February 5 & 19,
March 5 & 19, April 2 & 16, May 7 & 21,
June 4 & 18, 2019*

4:00pm - 4:45pm

*Caldwell Dominican Motherhouse
Peace & Justice Room*

Centering Prayer is a receptive method of silent prayer that prepares us to receive the gift of contemplation. It is a prayer that moves us beyond conversation with God, with Christ, with Mystery. It is a method of prayer in which we consent to rest in God's presence.

Lectio Divina is a reading, reflecting, responding and resting in the word of God that helps one to grow in relationship with God.

After the group experiences Centering Prayer together, we will then share *Lectio Divina* from the scripture of the day.

All are welcome to join in this prayer together. If you have experienced Centering Prayer, no need to register, just come by.

If you are new to Centering Prayer, and are interested, please contact Kathy to set up a time to hear more about the prayer and to address your questions.

LUMEN CENTER:
973.403.3331 Ext. 25

FACILITATOR:

Kathleen Detlet, D.Min.

For information call: 973.403.3331 Ext 25

Web page: www.lumencntr.org

Email: lumencenter@caldwellop.org

Registration appreciated by January 2, 2019

I would like to register for: *Centering Prayer* and LECTIO DIVINA

Please Print

No Fee - free will offering

Name _____

Phone _____

Mail to: The Lumen Center, 1 Ryerson Avenue, Caldwell, NJ 07006